



What are my rights as a worker?

As a worker in the US, you have a right to:

A healthy and safe work place.

Receive training on possible hazards at your workplace.

Going to the bathroom whenever you need, including to wash your hands.

Getting paid for every hour worked.

Being paid overtime (1.5 x) for every hour worked past 40 hours, for workers getting paid hourly.

Refuse to work if there is a hazard or unhealthy threat present.

Speaking up about your rights without having the fear of retaliation.

For more information, visit:

[osha.gov](https://www.osha.gov)
[nenycosh.org](https://www.nenycosh.org)



NENYCOSH
Safe Jobs for ALL